



Shrubs

A shrub is the name of two different, but related, acidulated beverages. One type of shrub is a fruit liqueur typically made with rum or brandy mixed with sugar, the juice or rinds of citrus fruits.

The shrubs that were developed at Northwest Naturals refer more to the cocktail or soft drink that was made popular during the Colonial era. The concept comes from infusing vinegar, with fruit then straining off the flavored vinegar adding sugar and mixing with carbonated water.

Vinegar has made a spike in the health sector due to its properties that contribute to weight loss, lower blood sugar and improved symptoms of diabetes. It is also good for your digestive system. Northwest Naturals choose to use Apple Cider Vinegar in our blends.

These beverages have some slight tang to them added by the vinegar, they are best served chilled and carbonated.

NORTHWEST NATURALS®

Blends Available

Strawberry Melon	Jalapeno Lime
Rhubarb Spice	Cilantro
Pineapple Lime	Grapefruit Cherry
Pineapple Basil	Grapefruit Honey
Pear Honeydew	Blackberry Mint
Cilantro	Cranberry Apple
Lemon Mint	

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Featured Blend

Pineapple Basil Concentrate – Shrub

Ingredient Listing: Apple and Clarified Pineapple Juice Concentrates, Apple Cider Vinegar, Pineapple Juice Concentrate, Water and Natural Flavors.